

Fourth Station: Jesus meets his mother

This station depicts Jesus walking toward his death and seeing his mother. Can you just imagine the feelings. He has been wrongfully condemned. What must she be thinking? That friendly loving face yet she can't make his hurting stop.

How often during your torment have you looked for a friendly face, for help. It is ok to share your troubles with those who truly care about you. Life can seem overwhelming. You will never be able to solve all your problems by yourself.

Find the friendly faces in your life and seek their help. Not to dump the problem on them, it is still your problem but to seek that wise counsel, to seek that loving care, to seek that protection symbolized by the love that a mother can give.

But what of her anguish? The helplessness we sometimes feel when we want to help but can't. That can be equally painful. Reflect on the pain Jesus must feel looking at his mother. Reflect on the pain she must feel watching her son. The helplessness knowing he is wrongly condemned. Reflect on your actions.

Understand that the consequences of your actions can bring pain to those you love.

Use this station to contemplate the feeling of all who witness your actions. There is an impact on you and an impact on those you love. May your words and deeds be expressed out of love of others that you may not add to their pain.