

Sixth Station: Veronica wipes the face of Jesus

A woman comes out of the crowd, Veronica, a stranger and begins to wipe the blood and sweat from Jesus. She can't do much, but she offers what little help she can.

Reflect upon the strangers in your life who have unexpectedly come forth to assist you. Did you embrace them? Did you shun them? Were you embarrassed by their help? Did you make a new and lasting true friend?

Reflect upon the situations when you have seen others in need, and what you have done. Did you reach out with the tenderness of Veronica? There was little she could offer yet she refused to simply do nothing. Or did you ignore it assuming it was someone else's responsibility to assist.

There are deeds both great and small, but regardless of the level of effort they can have significant impact to the person you assist. Like Veronica, do not be ashamed to reach out and comfort someone in need. It may be the only care they receive.

Visit this station regularly to reflect upon your willingness to help others, even total strangers, or your reaction when others whom you would have never considered reach out and help you.